

# Recipe for a Good Friend

For anti-bullying day Hedgehogs worked together to create a recipe for a good friend to consider being lovely and kind to everyone. We thought about all the qualities we'd want a friend to have, and things we can do to be a good friend.

First add in lots of kindness.

Mix in a dollop of laughter.

Put in a cupful of playing games.

Pour in three packets of saying nice things.

Sprinkle over a jar of fun.

Put in some time and effort.

Bake well with a warm heart.

Finally, enjoy a happy friendship.



## Article 12

I have the right to be listened to,  
and taken seriously.

